

Topic: Sex and Sexual Talks

Text: Genesis 38: 12 - 26

Speaker: Pastor Tekena Ikoko

For clarity on the above subject and its relevance to everyday living, I have decided to break down this subject into five sub headings:

- A. Understanding the pleasure-pain principle
- B. Understanding the 3-R principle for all addictions including sex.
- C. Sex: Is fornication is a dress rehearsal for adultery
- D. Man: His sex circle and libido
- E. Sex: How can a man be faithful in a sex-saturated world

1. Understanding the pleasure pain principle

God's power and principles rule the world and the world of sex is no exception. To break the principles and deny the power is to live in deception and denial. The pleasure-pain principle states that man will seek to fight off whatever gives him pain, while seeking to gravitate towards whatever gives him pleasure. All wise men who conquered the world of sex have always *MODIFIED* this principle using the P-P-M format for effectively living.

2. Understanding the 3-R Principle for all addictions including sex.

"Whatever gets rewarded, also gets repeated. Whatever is reward and repeated always becomes a constant recycle." All habits follow this rule, whether good or bad habits. When a corrupt sexual pattern is established in our thoughts, behaviour and attitudes, then a dangerous addiction sets in.

3. Sex: Is fornication is a dress rehearsal for adultery (Ephesians 4:28 - 29)

There is a parallel between stealing and fornication. Take a careful look at the principle of stealing and lace them with the pattern of fornication and you'd see why fornication is a dress rehearsal for adultery.

Clear analysis shows that the "high activity" of fornication is often not sustained inside marriage. Anyone addicted to this "high activity" will seek solace outside the home.

4. **Man: His sex circle and libido** (I Corinthians 7: 7 - 9)

If a man eats three meals a day, he is said to have a 3 meal food-circle. Likewise, if a man wants sex once a week, he is said to have a weekly sex-circle. Some men have daily sex-circles, while others can have monthly or quarterly sex-circles. His libido or sex drive is seen in the "CONTAIN CONCEPT TO THE CORINTHIANS." This sex-drive or libido can be addiction driven, porn induced, or simply natural.

Questions immediately arise from this:

- I. What do I do when I can no longer satisfy her?
- II. What do I do when she no longer satisfies me ?
- III. When I can't get sex, is masturbation an option?
- IV. Can a spouse grant permission to the each other to get sexual satisfaction outside the home, when it can't be provided?
- V. Can my wife's sister or my daughter stand in briefly for my wife?

5. **Sex: How can a man be faithful in a sex-saturated world ?** (Titus 2: 11- 15)

- I. Do you know the journey of intimacy ?
- II. Do you know your most prevalent sex organ ?
- III. Do you know the feed-starve principle ?
- IV. Do you know the distance between truth and error ?
- V. Do you know the meaning of love at Last sight?
- VI. Do you know the 5-3-1 rule of accountability ?
- VII. Do you know the grace mountain ?

CONCLUSION

"What a man believes may be ascertained, not from his creed, but from the assumptions on which he habitually acts." George Bernard Shaw. Therefore, it is not enough to talk about sex, if we have refused to align our hearts to God's truth and the principles that governs this subject. Sexual purity is still possible, but can we find faithful men ?